719-539-1069

Salida's Community Radio Station

https://khen.org

KHEN 106.9 FM Schedule

July 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				Early Morning Rain *Theron McAdoo*				
7AM	**Classical Music Mix**	**RMCR Roundup** **Americana Music Mix**	**People's Pharmacy** *Joe Graedon*	**Listening to America** *Clay Jenkinson*	**Alternative Radio** *David Barsamian*	**Bioneers** **Americana Music Mix**	**Bluegrass Music Mix**	7AM
8AM		**Sunny Side Up** *Dennis Kapela*	**Sunny Side Up** *Casey Thornton*	**Sunny Side Up** *Fred Schubert*	**Sunny Side Up** *Rick White*	**Sunny Side Up** *Jim Lofgren*	**Americana Music Mix**	8AM
9AM	**New Dimensions**	**The Golden Age of Radio** *Dennis Kapela*				**River Flow** *Jim Lofgren*		9AM
10AM	**Rock Music Mix**	**Across The Great Divide** *Ben Tiefenbrun*	**Putumayo**	**We Made It Here From There**	**RMCR Roundup**		**Sing Out!** *Tom Druckenmiller*	10AM
11AM	**Listening to America** *Clay Jenkinson*		**Reggae Music Mix**	**Art Matters** *Ryan and Naters*	**Rock Music Mix**	**RiverFlow Live** *Jim Lofgren*	**Modern Jetset** *Iris Berkeley*	11AM
Noon	**With Good Reason** *Sarah McConnell*	**Democracy Now!**	**Democracy Now!**	**Democracy Now!**	**Democracy Now!**	**Democracy Now!**	**Beale Street Caravan**	Noon
1PM	**Bioneers**	**OMFUG** *Barely Gifted*	**Good 4U Wellness**	**Rock Music Mix**	**Tango with Dvora** *Dvora Kanegis*	**From the Coop** *Various*	**eTown** *Nick Forster*	1PM
	Counter Spin		**Soul Music Mix**					
2PM	**This Way Out**				**Putumayo**	**The Mail-In Mix** *Zakk Byers*	**Woodsongs Old-Time Radio Hour**	2PM
	Good 4U Wellness							
3PM	**Something Human (ON HAITUS)**	**Grateful Dead Hour** *David Gans*	**The Lineup** *DJ Sheady*	**Modern Jetset** *Iris Berkeley*	**Reggae Music Mix**	**Salida Shred Files** *JT Knowlton*	**Colorado Playlist** *Chris K*	3PM
4PM		**Bacon Lubbock Tomato Sandwich**		**Greggae Riddims** *DJ Greggae*	**The Market Report** *Susan & Sophia*			4PM
5PM	**Hazed & Confused** *DJ Charz & Guests*		**Connecting Frequencies** *Rotating Hosts*		**Poets & Minstrels** *Barbara Ford*	**Dogtown Radio** *Bacon*	**Grateful Dead Hour** *David Gans*	5PM
6PM	**Blues Music Mix**	**Two'fers with Tanya** *Tanya Wait*	**After Dinner Mint** *Dutchess & the Royal Oui*	**Soul Music Mix**	**Anything Goes** *Wolf*	**Spin Class!** *Static Ranger*	**Highway Songs** *Hal Tuttle*	6PM
7PM	**The Verve Reserve** *Mark Dean*	**Free Range Love** *Deidre Wilda*		**Big Wooly Music** *Lisa Ledwith*		**Radio Roller-Coaster** *Cat Wrangler & Dog McCoy*	**Tangents** *Monica LaTronica*	7PM
8PM			**Cage Free After Dark** *Craig Scott*		**Chicken Scratch** *Eric Ramsey*			8PM
9PM	**Funk Up Your Life** *DJ Silky Grooves*	**The Third Room** *Sparky*		**Radio Mesopotamia** *Rama*		**Global Grooves** *Torie Lakkis-Biggs*	**Rocky Mountain Live** *GP3*	9PM
10PM	**Twine Time Music Mix**		**Midnight Special** *Marilyn Rea Beyer*	**Someone Dies/Working Poor**	**Rock Music Mix**	**Office Hours** *The Professor*		10PM
11PM	**Wolf's New Age Mix**	**Rock Music Mix**		**Blues Music Mix**		**The Late Night Delight**	**Scream Therapy** *Little Red*	11PM
Midnight-5AM	**Overnight Music Mix**	**Overnight Music Mix**	**Overnight Music Mix**	**Overnight Music Mix**	**Overnight Music Mix**	**Overnight Music Mix**	**Overnight Music Mix**	Midnight-5AM

Local Public Affairs | **Local Music** | **Syndicated Music** | **Syndicated Program** | **Music From the KHEN Library**