

May 2025

## KHEN 106.9 FM Schedule

|              | Sunday  | Monday   | Tuesday                                 | Wednesday                                       | Thursday   | Friday                                     | Saturday                                     |   |
|--------------|---|--|---|---|--|--|--|---|
| 7AM          | Classical Music Mix                           | Americana Music Mix                              | People's Pharmacy<br><i>Joe Graedon</i> | Listening to America<br><i>Clay Jenkinson</i>   | Alternative Radio<br><i>David Barsamian</i>              | Bioneers                                   | Bluegrass Music Mix                          | 7AM   |
| 8AM          |   | Sunny Side Up<br><i>Dennis Kapela</i>            | Sunny Side Up<br><i>Casey Thornton</i>  | Sunny Side Up<br><i>Fred Schubert</i>           | Sunny Side Up<br><i>Rick White</i>                       | Sunny Side Up<br><i>Jim Lofgren</i>        | Sunny Side Up<br><i>Casey Thornton</i>       | 8AM   |
| 9AM          | RMCR Roundup                                  | Coot's Old Time Radio Show                       |   | Art Matters<br><i>Ryan and Naters</i>           |  | RMCR Roundup                               | River Flow<br><i>Jim Lofgren</i>             | School Zone (Encore)                        |
|              | Americana Music Mix                           | Across The Great Divide<br><i>Ben Tiefenbrun</i> | Crossing Borders w/<br>Slim or Putumayo |   | We Made It Here From There                               |  |  | Positive Frequencies<br><i>Lane Willson</i> |
| 10AM         | Listening to America<br><i>Clay Jenkinson</i> |  |   | Reggae Music Mix                                |  | 11AM                                       |  |   |
| 11AM         | People's Pharmacy<br><i>Joe Graedon</i>       |  |   |   |  |  | RiverFlow Live<br><i>Jim Lofgren</i>         |   |
| Noon         | With Good Reason<br><i>Sarah McConnell</i>    | Democracy Now!                                   | Democracy Now!                          | Democracy Now!                                  | Democracy Now!   | Democracy Now!                             | Beale Street Caravan                         | Noon  |
| 1PM          | Bioneers                                      | Mus/i/cal Free Range :<br>For the People         | Good 4U Wellness                        | DJ Duckie Doug<br><i>Doug Mendelson</i>         | Tango with Dvora<br><i>Dvora Kanegis</i>                 | From the Coop                              | eTown<br><i>Nick Forster</i>                 | 1PM   |
|              | Counter Spin                                  |  | Soul Music Mix                          |   | Putumayo   | Rock Music Mix                             | Woodsongs Old-Time<br>Radio Hour             |   |
| 2PM          | Good 4U Wellness                              |  | We Are Chaffee-Looking<br>Upstream      |   |  | The Mail-In Mix<br><i>Zakk Byers</i>       |  |   |
|              | Soul Music Mix                                |  |   |   |  |  |  |   |
| 3PM          | Music for the Soul<br><i>Olive Ritchie</i>    | Twine Time Music Mix                             | The Lineup<br><i>DJ Sheady</i>          | Modern Jetset<br><i>Iris Berkeley</i>           | School Zone  | Salida Shred Files<br><i>Ethan Hedayat</i> | Colorado Playlist<br><i>Chris K</i>          | 3PM   |
| 4PM          | Something Human<br><i>Lily Peters</i>         | Bacon Lubbock Tomato<br>Sandwich                 |   | Connecting Frequencies<br><i>Rotating Hosts</i> |  | Greggae Riddims<br><i>DJ Greggae</i>       | Poets & Minstrels<br><i>Barbara Ford</i>     | Rocky Mountain Live<br><i>GP3</i>           |
| 5PM          | New Dimensions                                |  | Woodsongs Old-Time<br>Radio Hour        |   | After Dinner Mint<br><i>Dutchess &amp; the Royal Oui</i> |  |  |   |
| 6PM          | This Way Out                                  |  |   | Soul Music Mix                                  |  | Big Wooly Music<br><i>Lisa Ledwith</i>     | Chicken Scratch<br><i>Eric Ramsey</i>        | Global Grooves<br><i>Torie Lakkis-Biggs</i> |
|              | Jazz Music Mix                                | Free Range Love<br><i>Deidre Wilda</i>           | Modern Jetset<br><i>Iris Berkeley</i>   | Vibe Vendetta<br><i>Taylor Kunkel</i>           | Blues Music Mix  |  |  |   |
| 7PM          | The Verve Reserve<br><i>Mark Dean</i>         |  |   |   |  | Jazz Music Mix                             | Midnight Special<br><i>Marilyn Rea Beyer</i> | eTown<br><i>Nick Forster</i>                |
| 8PM          |   | Midnight Special<br><i>Marilyn Rea Beyer</i>     | Rock Music Mix                          | Blues Music Mix                                 | Colorado Playlist<br><i>Chris K</i>                      |  |  |   |
| 9PM          | Blues Music Mix                               |  |   |   |  | Blues Music Mix                            | Colorado Playlist<br><i>Chris K</i>          | Vibe Vendetta<br><i>Taylor Kunkel</i>       |
| 10PM         |   |  |   |   |  |  |  |   |
| 11PM         |   |  |   |   |  |  |  |   |
| Midnight-6AM | Overnight Music Mix                           | Overnight Music Mix                              | Overnight Music Mix                     | Overnight Music Mix                             | Overnight Music Mix                                      | Overnight Music Mix                        | Overnight Music Mix                          | Midnight-6AM                                |

|                      |             |                  |                    |                                |
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| Local Public Affairs | Local Music | Syndicated Music | Syndicated Program | Music From the<br>KHEN Library |
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